



2023

# HEALING FRUIT

NUTS TOWARDS HEALTHY LIFE

## WHO WE ARE?

Improvement of human health is always promising challenge in nowadays life. As one of the ideal solutions, adding high- quality of fresh or dried fruit to our daily diet plan, play a significant role to protect our health. Having access to reliable organic farms and agriculture resources, we established “healing fruit” to supply dried fruit to fulfill our global contribution.

## WHAT WE SUPPLY?

Our mission is to provide the best in dried fruits to all people, unique drying and processing methods allow for a better tasting, longer lasting and more nutritious dried fruit. Working closely with our customers, we develop customized solutions for unique products, and individual process requirements. We are in business to provide and promote healthy and organic dried fruit.

## OUR MARVELOUS PRODUCT



### PISTACHIO

Due to its high iron content, it is very useful for anemia. This product is widely used to open the liver channels. It is unique for calming and soothing the heart and nerves. It cures cough and improves diarrhea.

Pistachios are also useful and effective in regulating blood pressure. The potassium present in raw pistachios has a very important benefit, which is lowering blood pressure in people with high blood pressure. Raw pistachios also control our blood sugar and cholesterol.



### HAZELNUT

Hazelnuts contain oleic acids, which are a type of unsaturated fat. Oleic acid can help lower LDL cholesterol.

In addition, hazelnuts contain a large amount of magnesium, a type of mineral that is very useful for regulating the amount of calcium in your body. This effect reduces muscle tension and prevents muscle fatigue, spasms, cramping and pain.

Hazelnuts contain also large amounts of manganese which will help to improve bone density and also fight against many diseases such as osteoporosis.



**CONTACT US**  
FOR ANY QUERY  
OR QUESTIONS



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