



2023

# HEALING FRUIT

DRY FRUIT FOR FRESH LIFE

## WHO WE ARE?

Improvement of human health is always promising challenge in nowadays life. As one of the ideal solutions, adding high- quality of fresh or dried fruit to our daily diet plan, play a significant role to protect our health. Having access to reliable organic farms and agriculture resources, we established “healing fruit” to supply dried fruit to fulfill our global contribution.

## WHAT WE SUPPLY?

Our mission is to provide the best in dried fruits to all people, unique drying and processing methods allow for a better tasting, longer lasting and more nutritious dried fruit. Working closely with our customers, we develop customized solutions for unique products, and individual process requirements. We are in business to provide and promote healthy and organic dried fruit.

## OUR MARVELOUS PRODUCT



### PRUNE

High level of fibre content, leading to easier digest process, also supply sorbitol and phytonutrients which all work to support bowel function.

It is also source of soluble fiber called pectine to improve balance cholesterol levels. Prunes may slow down the ageing process due to their extremely high antioxidant levels. Thanks also to Rich phytochemical levels suitable for type 2 diabetes.



### APPLE

Rich source of Antioxidants may strength our body against certain types of cancers. Eating apples may also link to lower risk of type 2 diabetes and reduce risk of heart disease.

Apples has considerable effect in decreasing High Cholesterol, Blood Pressure level and brain damage.



### APRICOT

Dried apricot helps to have smooth and glowing skin due to the oil content and may improve body metabolism due to the potassium content.

Dried apricots contain pectin and cellulose which helps to sustain the water levels in the body. Thanks to the iron, copper and vitamin A content, leading to producing Hemoglobin, good vision and health of cells, respectively.



### PEATCH

The dried peach is a good source of energy due to high content of natural sugars.

Apples has considerable effect in decreasing High Cholesterol, Blood Pressure level and brain damage. High iron content, Ptassium, vitamin A and C. Dried peaches shields the body against microbial and bacterial attack.



### FIG

Figs may regulate blood “fat” and “pressure” levels. Moreover, high contents of fibre may cause digestive health promotion by softening and adding bulk to stools and decreasing constipation. Figs may have some favourable effects on the skin care, especially in people with allergic dermatitis or dry, itchy skin as a result of allergies. In addition, fig leaves and natural latex from fig plants reveal antitumor activity against several cancers.



### QUINCE

Quince could help block the growth of harmful bacteria in the body. Quince has been used in traditional western and eastern medicine to treat conditions related to eye health for centuries. Aside from improving eyesight and clarity, Quince can help you lower the risk of being affected by more severe eye diseases



### ORANGE

The orange peels is helpful to improve immunity also prevents ailments such as cold and flu. The orange peels are rich in pectin, a fibre that is known to regulate blood sugar levels. Oranges are low in calories, also contain vitamin C, both to help burning fat.

Dried oranges may diminish the formation and reduce (existing content) of harmful cholesterol in the blood. Dried orange is against inflammation and it has a wide range of antioxidants. People with diabetes can use this product in their daily meals, thanks to lowering blood glucose level.



### KIWI

Consuming dried kiwi promotes hair growth. Regarding the fact that glycaemic index of the fruit is very low, any person with the problem of diabetes can also consume it without any problem.

The antioxidants in kiwi acts against free radicals in your skin that cause ageing. Additionally, Kiwi is a source of amino acid and vitamin C that effectively soothe the oily skin. Furthermore, dried Kiwis may improve digestion process due to high amount of fibre content.

# Contact

For any query  
or questions



## ● HEAD OFFICE

86 Ave. Emile Vandervelde

1200 Brussels

Belgium

**Tel fax:** +32 456 29 3471

**Email:** [info@healing-fruit.com](mailto:info@healing-fruit.com)

## ● EAST ASIA OFFICE

A3-007, 3rd Floor, Jinfuyuan Building,

Chouzhoubeilu No.800, Yiwu City,

China

**Email:** [export@healing-fruit.com](mailto:export@healing-fruit.com)